

Flames 2010-11 Basketball Schedule

Last updated November 26, 2010

For game details and directions:

<http://www.hspn.net/FlamesGames/Articles/fullstory.asp?id=5479#GameSched>

PRACTICE FORMATS:

We will use the following practice Formats throughout the season. Print this page and use it as a reference guide and match it up with the calendar.

FORMAT 1 (October only – on Thursdays)

6:30pm – 9:00pm MS and Varsity Girls
8:00pm – 10:00pm JV and Varsity Boys

Ressie Jeffries Elementary School

FORMAT 2 (October only – on Tuesdays TENTATIVE)

7:00-8:30pm MS boys only *optional
8:30-9:30pm MS girls, Vars girls * optional
8:30-9:30pm JV, Vars boys * optional

New Hope Bible Church

FORMAT 3 (most Thursdays starting in November)

6:00pm – 7pm MS Boys only full court
7:00pm – 9:00pm MS and Vars girls (full court during the first hour)
8:00pm – 10:00pm JV and Vars boys (full court 9-10pm)

Ressie Jeffries Elementary School

FORMAT 4 (Tuesdays starting in Nov)

7:00pm- 8:30pm MS boys only
8:30pm – 10:00pm all other teams

New Hope Bible Church

* * * PARENTS MEETING : October 28th * * * 6pm @ Ressie Jeffries Elementary

We should be moving to the New Middle School Gym in February...

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 Practice Format 1 Ressie Jeffries	8	9
10	11	12 Practice Format 2 New Hope	13	14 Practice Format 1 Ressie Jeffries	15	16
17	18	19 Practice Format 2 New Hope	20	21 Practice @ New Hope	22	23
24	25	26 Practice Format 2	27	28 Practice Format 1 Ressie Jeffries PARENTS Meeting	29	30
31		New Hope				

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Practice Format 4 New Hope	3	4 Practice Format 3 Ressie Jeffries)	5	6
7	8	9 Practice Format 4 New Hope	10	11 Practice Format 3 Ressie Jeffries	12	13 Games Moved to Jan 8th
14	15	16 Practice Format 4 New Hope	17	18 PRACTICE ??	19 GAMES MS and Varsity teams @ Fairfax Homeschool	20
21	22	23 Practice Format 4 New Hope	24	25 ** TURKEY BOWL ** Annual flag football game	26	27
28	29	30 GAMES 3:30 MS Boys 5:00 MS Girls 6:00 Vars Girls 7:30 Vars Boys @ Mt Carmel , Luray				

December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Practice Format 3 Ressie Jeffries	3 SVCA Tourney Vars Girls 4pm Vars Boys 8:30pm	4 TOURNAMENT Vars Girls 1:30 or 3pm and Boys 4:30 or 6:00
5	6	7 GAMES MS Girls 2:30 MS Boys 4pm @ St Joes also... Vars Boys 4pm Vars Girls 5:30 @ WCDS	8 Coach D Out of town	9 PRACTICE ?? -----	10 -----	11 -----→
12	13 GAMES JV Boys Vars Girls Vars Boys @ Massanutten Military Academy	14 Practice Format 4 New Hope	15	16 NO PRACTICE	17 GAME JV Boys @Trinity Christian School	18 MS Boys, Girls Tri-Meet with Frederick Warriors, Flames, St Johns JV Boys vs Warriors @Christendom College
19	20	21 Practice Format 4 New Hope	22	23	24	25
26	27	28	29	30	31	

January 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 CHANGE: Vars Girls @ Mtn View (Games at Fred. Public School cancelled)	5	6 Practice Format 3 Ressie Jeffries	7	8 VHSAA League Home Games Vars Girls, Vars Boys @ Christendom
9	10	11 PRACTICE And Home GAMES for MS girls, MS boys @ Chelsea Academy	12	13 Practice Format 3 Ressie Jeffries Games: MS Girls, MS Boys	14	15 VHSAA League Away Games Vars Girls, Vars Boys @ Richmond area
16	17	18 UPDATED: MS Girls MS Boys @ RMA JV Girls, JV Boys @ Chelsea	19	20 Practice Moved to...	21 GAME for JV Boys @Calvary Temple	22
23	24	25 PRACTICE and Games for MS Girls and MS Boys @Culpeper	26	27 Practice Format 3 Ressie Jeffries	28	29 Homeschool League Games @ Roanoke CANCELLED Looking to replace
30	31 Games Added: Vars Girls, Vars Boys @ Mtn View					

February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 PRACTICE GAMES for MS Boys, Girls @ St Joe's	2	3 Practice Format 3 Ressie Jeffries	4	5 MS Boys and Varsity Boys@ Fairfax Vars Girls HOME vs Frederick Force
6	7	8 PRACTICE JV Girls, JV Boys @ Chelsea	9	10 Practice Format 3 Ressie Jeffries Girls Varsity @ Martinsburg	11	12 Homeschool League Games Vars Girls Vars Boys vs Albemarle @ Rivendell
13	14	15 PRACTICE Games for MS Girls, MS Boys @Powhatan	16	17 Practice Moved to..	18	19 BIG DAY in Frederick MD for all teams , JV boys too LEAGUE Games
20	21	22 Practice Format 4 New Hope	23	24 Practice Moved to...	25 Vars Girls, Vars Boys ST JOHNS	26
27	28					

March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Practice Format 4 New Hope	2	3 Practice Format 3 Ressie Jeffries	4	5 HOMESCHOOL STATE CHAMPIONSHIP
6	7	8 Practice Format 4 New Hope	9	10 Practice Format 3 Ressie Jeffries	11	12
13	14	15 EAST COAST TOURNAMENT MS Boys, MS Girls	16 EAST COAST TOURNAMENT MS Boys, MS Girls, Varsity Girls	17 EAST COAST TOURNAMENT All Teams	18 EAST COAST TOURNAMENT Vars Girls, Vars Boys	19 EAST COAST TOURNAMENT Vars Boys
20	21	22	23	24	25	26
27	28	29	30	31		